

Highfield CE Primary School

Incontinence Procedures

2023 - 2025



Highfield
C.E Primary School

Approved by: The governing body Date:

Last reviewed
on:

Next review October 2025
due by:

Intimate care plan

It is advised that a care plan is completed for all learners who have continence difficulties that affect their school day. As the care plan is a working document designed to assist school in their care for a learner, this should include all the information they require. It should be completed by school with the parents/carers and involve the child as far as their age and development allows. If school have any concerns, if the child's condition or treatment is complex, or if there are any disagreements, schools may consult the school nurse, or the relevant healthcare professional.

Name of School: Highfield CE Primary School

Child's/young person's details

Child's name	
Date of Birth	
Year Group/Class/Teacher	Year R, Mrs
Senco	Mr Carl Iszatt

Date of plan: Sept 2023

Planned review date: As needed.

Name of person(s) completing plan and their role:

Carl Iszatt SENCO

Description of child

Give brief details of child's interests, behaviour and relevant conditions, e.g. speech and language, mobility.

Communication & Interaction Need / Global Development Need

Key staff members will know Child A and his specific needs / communication needs thoroughly as detailed in his EHCP.

Incontinence team are now involved Sept 2023 and have given advice.

Description of continence difficulty

- Child A currently demonstrates no understanding of when he needs to urinate or soil.
- Child A is in nappies and needs changing during the morning and the afternoon, or if he has soiled / wet between these times.
- Child A has loose stools.
- Child A does not recognise when he needs a wee.

Goals for continence management

Describe how the child's bladder and bowel health is going to be promoted and maintained and how potential and independence are going to be appropriately promoted. You may include goals for parents, child and /or school staff depending on individual needs.

Child A is not yet at the developmental level to begin toilet training. This will be reviewed regularly with parents.

Incontinence Team are now involved, awaiting contact to school.

Incontinence Team current advice:

- 1) Child A is not ready for toilet training, but we can begin to promote independence around toileting routines.
- 2) Drinking: In addition to water bottle, please introduce a plastic cup (from kitchen) full of squash for Child A to drink a whole cup at several points throughout. This should help him develop the sensation of a full bladder. Currently, little sips from a water bottle are not helping this.
- 3) During nappy changing, if it is just a wet nappy, use a cubicle and change him standing up. Encourage Child A to pull own trouser / pull ups down and up.
- 4) If Child A has soiled, it is likely that the accessible toilet / met will need to be used to support cleaning him with discretion and thoroughly enough.
- 5) Encourage Child A to sit on the toilet / potty each time.
- 6) Once he is clean, encourage Child A to clean himself too.

Medication

Details of medication. If any medication needs to be taken in school refer to the school's medical policy and follow school procedures.

None

Management and description of routine

e.g. details of drinking, toileting and changing routines, aides used and any reward schemes

- A routine of changing AM / PM and monitoring for any soiling in between.

- Key adults to change Child A's nappy and ensure that he is clean twice a day.
- Change in accessible toilet / Year R cubicle– changing mat, wipes, gloves, nappy bags, aprons provided by school.
- During nappy changing, if it is just a wet nappy, use a cubicle and change him standing up. Encourage Child A to pull own trouser / pull ups down and up.
- If Child A has soiled, it is likely that the accessible toilet / met will need to be used to support cleaning him with discretion and thoroughly enough.
- Encourage Child A to sit on the toilet / potty each time.
- Once he is clean, encourage Child A to clean himself too.
- Child A may prefer to stay up to be cleaned up. We will develop routines as we get to know him better and he becomes familiar with environment.
- Mum to provide nappies and spare clothes for Child A
- To be reviewed as and when required with parents.

Details of help required for personal care, who will provide this, where and how

Child A's SNA Team / MDSA key member of staff to support: Mrs Hone, Mrs Milam, Mrs Britton
 To use accessible toilet at office area.
 All members of staff can assist with changing Child A when required. All members of staff will make another team member aware that they are supporting him in the accessible toilet.

Details of staff training needed/undertaken

Include who has been trained, the training given, by whom with dates and signatures of trainer and staff member

All key staff to agree to Intimate Care Policy and are consulted on Ind plan and child's needs.

Use and disposal of continence products and aids

Include arrangement for soiled clothes and underwear, provision or new/spare equipment eg catheters).

Parents to provide nappies and spare clothes for any accidents.
 School provide gloves, wipes, aprons, mat and nappy bags.
 Soiled nappies to be disposed of in external bin.

Name of parent/carer

Signature of parent/carer

Date

Name of school representative

Role/job title of school representative

Signature of school representative

Date

